Live Art Ireland

Accessibility Guide

This guide is compiled by

MUINTEARAS

community projects

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Introduction

Live Art Ireland is an Artist in Residency programme based at Lisheenboy House (formerly known as Milford House) in North Tipperary, also known as the Ealaiín Bheo Centre for Art Research and Development. With a focus on live art practices and artists who produce work outside mainstream or normative arts institutions, Live Art Ireland creates opportunities for both local, national and international artists working in the areas of live art and performance art, contemporary dance, participatory practice and artist film and video.

The organisation is embedded within a working heritage estate, a four-storey 17th century Georgian house with a layered and storied history, set on 17 acres of rewilded land combining open fields, lawns, and mature woodland.

Milford House is an old building and a protected historical structure. The building is not wheelchair accessible, however we are working towards raising funds for a lift from the ground floor to the first floor. We would like to work with visitors to work around the limitations of the house to enable their visit. All information in this document aims to aid in this.

There are three cats and two dogs that live permanently at Live Art Ireland. The cats live in the main house and have access to all rooms except bedrooms. The dogs live in the cottage in the backyard with Deej and are not allowed to enter the main house, so the doors must always be shut.

This is a living document, so if there is anything that could make or has made your visit easier, please send an email to live.art.ireland@gmail.com. If you have any access needs not covered in this document, or would like to discuss access support arrangements, please do not hesitate to get in touch with us directly.

Emergency details

In Case of Emergency:

Call emergency services (phone numbers listed below) first if there is immediate danger to life or property.

Then notify the Programme Director or Residency Coordinator as soon as possible (contact details listed under Contacts section). 3

For facility issues after hours, contact the After-Hours Emergency Contact (contact details listed under Contacts section).

Fire Safety:

Fire extinguishers are located on each landing of house

Emergency exits:

Lower ground: Back door

Upper ground: Front door

Assembly point: Yard behind barns

IMMEDIATE EMERGENCY SERVICES

Service	**Number**
Emergency (Police, fire, ambulance)	999
Police (Non-Emergency)	+3536750450
Fire Department	999
Mental Health Crisis Information Line	1800111888

RESIDENCY LOCATION

Full Address	Milford House, Borrisokane, Tipperary E45P084 Republic of Ireland
GPS Coordinates	53.044120, -8.132097
Main Phone	+353(0)896113425

Contact details

IMMEDIATE EMERGENCY SERVICES

Service	**Number**
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RESIDENCY PROGRAMME CONTACTS

Contact	**Details**
Programme Director	Deej Fabyc **Mobile**: +353(0)896113425 **Email:** live.art.ireland@gmail.com
Admin Coordinator	Joanna Ryan-Purcell **Mobile:** +353(0)834140458 **Email:**joannaryanpurcell@gmail.com
After-Hours Emergency Contact	+353(0)896113425

MEDICAL FACILITIES

Facility	Details
Nearest Hospital/Emergency Room	Nenagh Hospital **Address:** Tyone, Nenagh South, Nenagh, Tipperary E45 PT86 **Phone:** +353(0)6731491 **Distance:** 20km
Urgent Care/Walk-in Clinic	Shannon Doc **Address:** Wilton Medical Centre, Gortlandroe, Nenagh, Co. Tipperary **Phone:** 0818 123500 **Hours:** Monday-Thursday 18:00pm - 8:00am **Weekends:** 18:00pm Friday - 8:00am Monday **Bank Holidays:** 18:00pm8:00am
Pharmacy	O'Meara's Pharmacy **Address:** Main St. Borrisokane, Co. Tipperary **Phone:** (067)27300
Mental Health Crisis Information Line	1800111888

UTILITY SERVICES

Service	Contact
Electricity Emergency	Mickey Donohue +353 87 624 6800
Water Emergency	Sinead Mulcair Well Borrisokane +353 87 255 5923
Heating Repair	Mike Holland +353 85 734 4049
Plumber	Mike Holland +353 85 734 4049
Oil Company	Corrib Oil +353 87 242 3361

OTHER IMPORTANT CONTACTS

Taxi/Ride Service	Portumna Taxi +353 0874131357
Veterinary Emergency	Lower Ormond Vets, Main Street, Shesheraghmore, Borrisokane, Co. Tipperary +353 (0)6727366

Venue Description



Milford House is a four storey 18th century Georgian house. It is set on 17 acres. The house is currently in a process of ongoing restoration and repair. All access around the house is via staircases, there is no elevator as of yet. Access to the land around the site is via gravel or trodden pathways.

The house contains:

- six bedrooms with ensuite bathrooms
- three bedrooms with shared bathrooms
- utility room for laundry
- Red Room for study, reading and relaxing
- Blue Room for workshops and performances
- The Triangle room for workshops and performances.
- kitchen
- dining area

Live Art Ireland has step-free access through the back entrance on the lower ground floor. You enter the house through the backyard driveway which is made of loose, leveled gravel.



The house is nestled in the countryside, surrounded by farm land. It sits at the end of a long lane that branches off of the main road, which leads you through gates into the gravelled backyard. The cottage sits on one side of this driveway, one side of which is inhabited by the CEO, the other side is used for accommodating volunteers. On the other side of the driveway is the barn, which contains various sheds. The car park sits in the barn courtyard, there are also approximately three car parking spaces next to the main house, which can be used for accessible parking closer to the house.

Lower ground floor



View lower ground floor photos here.

The lower ground floor has step-free access between the front door, bathroom and bedroom, there is smooth tiled flooring throughout the hallway. There is a temporary rubber ramp that is placed by the step down to the living area from the entrance (outside the bedroom door). The flooring throughout the conservatory is more uneven slate stone tiles. There are two steps down to the kitchen, which has smooth stone tiled flooring. There is a ramp available for the kitchen steps. The kitchen includes a dining table which seats approximately 10 people. There is a full-sized fridge and freezer, dishwasher, induction hob and oven, as well as various electrical kitchen equipment. The conservatory contains a long dinner table which seats approximately 20 people. The conservatory leads off into two rooms, one step down to the Vault (which works as a storage room for tools & equipment) and one step down to Deej's studio. Next to the table in the conservatory, a timber staircase containing 12 steps

leads to a mezzanine above the dining table and onto the upper ground floor.

The lower ground floor contains:

- Back door entrance
- Bathroom with toilet and shower
- Single bedroom
- Kitchen (and the cat’s sleeping area)
- Vault (with tools and handiwork equipment)
- Deej’s studio
- Conservatory with dining room and windowsill greenhouse

Upper ground floor



View upper ground floor photos & video here.

The upper ground floor contains the Red Room for reading, research & relaxation; the Blue Room for movement, performance & screenings, as well as the front entrance, a utility room with a toilet and the Live Art Ireland office. There is a winding staircase with 21 carpeted steps that leads to the next floor.

The upper ground floor contains:

- Live Art Ireland Office
- Laundry room with toilet
- Red Room
- Blue Room
- Hallway library
- Front door entrance

The entrance to the Triangle Room sits on the staircase between

these two floors. There is a small landing that leads to the Triangle Room. This is also used as a performance space, with a timber floor. There are three steps down into this room. There are four more steps leading up to the first floor.

First floor



View first floor photos & video here.

There is a winding staircase with 21 carpeted steps that leads to the first floor. On this floor there is one large shared bathroom, three bedrooms and a common room that is also occasionally used as a bedroom.

The first floor contains:

- Shared bathroom with bath
- Blue bedroom (double + single) + standing shower/bath ensuite
- Yellow bedroom (3 singles) with shower bath ensuite

- Green twin room
- Common room

Second floor



View second floor photos & video here.

There are 20 carpeted steps on the winding staircase leading up to the second floor. This floor contains four bedrooms, and a common room overlooking the front of the house.

The second floor contains:

- Pink twin bedroom with standing shower ensuite
- Yellow double + single with standing shower ensuite
- Blue double + single with standing shower ensuite
- Green double + single with standing shower ensuite

Accomodation

- The house is an old house that is in a constant state of renovation and repair. There are renovation works throughout certain periods of the year.

- Staying in the house is a shared living between artists, volunteers and Live Art staff.

- There are folding wooden window shutters throughout the rooms, some are usable and some need repairing, therefore are unusable. Bear this in mind when choosing a room that you will be staying in - dependent on the season, the room can get quite bright in the morning.

- There are plenty of bedding and towels available
- There is super fast 5G wifi all over the house.
- There are 2-3 power outlets per room.
- There are bedside tables, lamps, desks and chairs that can be moved into rooms if needed.

Bathrooms

- There is hot water available throughout the property at all times.
- There is good water pressure for standing showers and taps.
- Some showers don't have wall attachments, . Bedrooms marked as 'standing showers' in the descriptions below are the ones that have attachments on the wall.

Main house

The main house is usually utilised for artists, as the rooms function as live-in studios.

Lower ground floor

View lower ground floor photos & video here.
- Single bedroom
- Standing shower bathroom

First floor

View first floor photos & video here.
- Double bedroom + single bed with bath/standing shower ensuite (blue room)
- Three single beds with bath/shower ensuite (yellow room)
- Twin bedroom (green room)
- Shared bathroom with bath
- Common room

Second floor

View second floor photos & video here.
- 3x Double bedroom + single bed with standing shower ensuite (yellow, blue & green room)
- Twin bedroom with ensuite (pink bedroom)
- Common room

Cottage

View cottage photos & video here.
The cottage is usually used for volunteer accommodation, which may be shared with other volunteers.

Ground floor
Two single beds with privacy curtain
Small common area
First floor
Double bedroom that also functions as two single beds
Shared bathroom with shower bath

Campervans + camping

There is also space for campervans and camping onsite.

Research & performance spaces

There are plenty of spaces for research, experimentation, movement and performance throughout the house and grounds.



The dining table in the conservatory is often used for writing, drawing or discussions, which is subject to lots of natural light.



The library throughout the Red Room and upper ground floor mezzanine contains plenty of research books. Please return books to their shelf once you are done reading them.



The Red Room is available for relaxation, research and study. This room contains two sofas & three armchairs, as well as a large smart TV with optional speakers. It resembles a cosy drawing room aesthetic. The fire can be used under supervision of Live Art staff.



The Blue Room is available for movement research, performances, workshops and screenings. This space is carpeted, measuring 25 x 20 feet with a 13 foot high ceiling. All furniture can be removed on request. There is a projector and projector screen available for use.



The Triangle Room is available for movement research, performances and workshops also. This has a timber floor and it is approximately 18X15 feet .



There is a double height barn 18X30 feet in the yard. This is available for research and performances.



There are two loft rooms in the outer barns with old timber floors, which measure 18 x 18 feet. These are available for movement research and performances.



There are 17 acres of land surrounding the house. This land is available for research and development purposes. This surrounding land consists of gardens, small fields, small wooded areas and the barn courtyard, which is approximately one and a half acres in size.

Surrounding area

Borrisokane: The nearest shop is 6 kilometres away in this village. Borrisokane has a pharmacy, a petrol station, a convenience store, a small supermarket, two cafes and a pub restaurant.

Carrigahorig: There is a café and deli called The Mill Pantry 2.8 km away in this very small village.

Terryglass: A village by the lake, Lough Derg, with two pubs, a small shop and a marina, which is 7 km away.

Portumna: This is the closest town with the supermarkets Aldi and Supervalu. There is also Portumna Castle, Portumna Forest Park and Lough Derg swimming area. This town is 9.5 km away.

Nenagh: This is a bigger town, which is 23km away, with all amenities, conveniences, a train station (the train goes twice a day in both directions and connects to main lines) and buses to Limerick and Dublin.

Cloughjordan: This village hosts Ireland's first Eco Village, which is 19km away. There is a train station in Cloughjordan that goes twice a day in both directions to Dublin and Limerick (you need to change in Ballybrophy for the train to Dublin).

Lorrha: This small village is steeped in monastic history. This village is 6.5km from the house.

Birr: This larger town has lots of cafes, a large castle and an interesting theatre, 21km away from the house.

Travel Guide

Driving

If you are driving, type the eircode E45P084 into your navigation app and follow the directions. There is parking available onsite for approximately 40 cars. The car park sits in the barn courtyard, directly to the right after entering the gate. There is also space for campervans. There are also approximately three car parking spaces next to the main house, which can be used for accessible parking closer to the house.

Distance to:
Galway city - 80km
Limerick city - 65km
Cork city - 159km
Dublin city centre - 175km
Dublin airport - 176km
Cork airport - 170km
Shannon airport - 91km

International arrivals via airport

Dublin airport: In Dublin Airport go to Coach Park Zone 16. Get the JJ Kavanagh bus number 735 (destination Limerick). Get off at Nenagh - Pearse Street.

You can get the Bus Eireann 72 route (destination Athlone) from Banba Square in Nenagh, outside Rocky's pub. Get off at Borrisokane. Let us know your estimated arrival time in advance and we will pick you up from Borrisokane.

If the bus times don't align, pick up can be arranged in Nenagh.

Shannon airport: There are regular buses from Shannon Airport to Limerick, such as the Bus Eireann 343 route to Limerick. From Limerick bus station, switch to the Bus Eireann 72 route (destination Athlone) to Borrisokane. Let us know your estimated arrival time in advance and we will pick you up from Borrisokane.

Dublin City Centre: Visit the website irishrail.ie to book your ticket online. You are going from Dublin HEUSTON to Athlone. This trip is usually 1hr20mins. From Athlone you get the Bus Eireann 72 route to Borrisokane. Let us know your estimated arrival time in advance and we will pick you up from Borrisokane.

If the bus times and train times don't match well, you can get off at the station after Athlone. This station is called Ballinasloe. Then you can get the 547 Local Link bus to Portumna. Let us know your estimated arrival time in advance and we will pick you up from Portumna.

Public Transport

To get to and from public transport in the area, a member of Live Art Ireland will pick you up/drop you off - let us know your estimated arrival and departure times in advance to arrange this. The nearest bus stop is 3km away in Carrigahorig or 6.5km in Borrisokane. Please organise drop offs and pick ups in advance with us, so that we can make sure to plan it in!

To get around, the Local Link or Bus Eireann bus service will connect you to bigger bus services. The Local Link or Bus Eireann can connect you from Borrisokane to Nenagh. There is a train station in Nenagh that goes to Limerick and Dublin. To go to Dublin on this line you must switch trains in Ballybrophy.

There is also a Bus Eireann bus service that goes from Borrisokane to Limerick. Limerick has buses and trains that will connect you to all major parts of the country - Limerick bus & train station are housed in the same building.

The Local Link bus stop in Carrigahorig will get you to Portumna, and to Galway.

Walking & cycling

There are currently two bicycles available to use on site, as well as helmets & hi vis vests, which we advise using whilst cycling or walking. The road outside of the house is a busy 80km/h main road

that doesn't have any pedestrian pavement. There are smaller, windy roads nearby that are quite nice to walk or cycle on.

If you would like to explore more nature in the area with walking or cycling, there is the Lough Derg Blueway, 160kms of shoreline paddling, cycling & walking trails to be explored nearby. The trails can be found on the Waterways Ireland website or on their interactive map, the closest trails are listed around Portumna.

There is also Knockanacree Woods and Sopwell & Scohaboy Bog outside of Cloughjordan, which has numerous trails to explore.

Housekeeping information

General

- The house is an old house that is in a constant state of renovation and repair. There are ongoing works throughout certain periods of the year.
- Staying in the house is a shared living between artists, volunteers and Live Art staff.
- All doors to the outside and windows that can be reached by the cat must stay closed to keep the cat in and the dogs out. Doors to bedrooms are also kept closed to keep the cat out. The front gate to the property must also stay closed to keep the dogs from getting onto the road.
- No pets are allowed to accompany guests.
- Children are allowed to accompany, for safeguarding purposes you will be accommodated separately.
- No candles, smoking, vaping or naked flames are allowed inside the house.
- Equipment used must not interfere with orderly running of the house.
- There are no commercial or retail activities permitted.

Allergies

- Please let us know any allergies and dietary requirements that you have, and remember to add these to the food shopping board in the kitchen upon arrival.

- The cats, Olive, Zoe and Coco live in the main house and two dogs, Ziggy and Zena, live in the cottage with Deej and in the yard (the dogs do not live in the main house). Please let us know if you have any cat or dog allergies and we will rearrange accordingly.

Temperature

- The house is heated through HVO oil (vegetable oil).
- There is central heating with back up electric radiators as required.
- The house is kept at an average temperature of 20 degrees celsius in the rooms that are heated during the winter. The house is not air conditioned in the summer as it never gets too hot. Rooms facing the veggie garden can get warm during very sunny, hot days.
- The windows are original, single-pane sash windows. Some are openable and some are not.
- The house is a big old house so bring plenty of warm clothes. We have spare layers available if needed, such as jumpers, leggings and blankets - these are primarily stored in the laundry room.
- The fireplace in the Red Room is functional but can only be lit under supervision.

Food

- Please let us know any allergies and dietary requirements that you have, and remember to add these to the food shopping board in the kitchen upon arrival.
- Only vegetarian food is cooked here, and we can accommodate dietary requirements. Meat or fish is not allowed unless there are no bones or meat waste and all wrapping is carefully washed.
- Evening meals are shared. There is a rota for cooking the evening meals. Your cooking days/times depend on how many people are in the house.
- If you do not wish to share meals every night, you can just share a meal on your own cooking day. On the days you do not want to eat with everyone, we can save you a plate.
- Everyone can help themselves individually for breakfast and lunch, although these meals sometimes end up being shared with volunteers, artists and Live Art staff.
- Each individual must clean up after themselves. There is a dishwasher that can be run regularly.

- For artists, there is a food and facilitation cost of €100 per week, to be paid on arrival. This fee covers the cost of food so you do not need to bring your own food unless you have very particular items you wish to bring.
- Volunteers' food cost is covered.
- Food for main meals is included in the shopping list, which can be added to the board inside the entrance to the kitchen.
- Additional snacks must be bought separately by guests.

Cleaning

- It is everyone's responsibility to keep the kitchen clean at all times.
- For artists: We do chores on Monday around the house such as vacuuming, cleaning shared bathrooms and deep cleaning the kitchen. Agree on the tasks with your fellow artists upon arrival. Cleaning tasks can be allocated within your capacity and abilities.
- We separate all our rubbish between recycling and non-recycling.
- Guests are obliged to keep their spaces tidy and leave them in a clean and tidy condition.
- The washing machine and dryer can be used during the hours 8am and 8pm, as the machines tend to be quite loud above the lower ground floor bedroom.